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26 Land Whispering

Practical Applications of Consciousness and Subtle Energy Awareness in Agriculture

Patrick MacManaway

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LAND WHISPERING

This chapter is an account of experiences of land whispering applied – quite literally – in the field. Due to client confidentiality, these can stand only as anecdotal stories.

After 25 years of full-time practice, with experience and awareness developed over work on thousands of properties, domestic and commercial as well as agricultural, my main aim is to inspire, inform and invite readers to ‘try this at home and on the farm’ and to come to their own conclusions regarding what I can share from the harvest of my own experience and reflections.

My background and the perspective that I hold stems from being born and raised into a family of traditional spiritual healers, psychics, mediums and dowsers running a healing and teaching centre in rural Scotland.

A fundamental principle in the understandings and teachings that occurred in both the classroom and around the kitchen table was to understand that the tone, quality and content of our mind and spirit, our attention and intentions, were defining of our physical circumstance and health.

My parents’ enterprise was supported by six acres of garden and pastures – mum was green-fingered – everything seemed to grow effortlessly and extraordinarily – nature spirits were clearly ‘on team’, and showing off the best of what was possible through close communication and cooperation arising from her sensitivity, awareness and ability to communicate directly with them.

Rabbits and moles dared not enter her garden and were rapidly and fiercely admonished if boundaries were transgressed. Birds were advised season by season which trees in the orchard were theirs to take fruit from, leaving the rest for the people – their compliance was amazing and consistent.

I was raised therefore with an understanding that all of nature is, at source, a vibrational, interactive intelligence, with our physical, experiential world being a reflection and expression of that vibrational content and tone. My own subsequent experiences, experimentation and observations have, to date, been consistent with that premise.

This fundamental awareness – of the impact and interaction of our own consciousness, heart and mind, with the surrounding intelligence of our landscape and environment, has underpinned human understanding, attitudes and practices in agriculture during 6,500 years of land management.

It seems wise to bring our awareness and focus to a fully contemporary engagement with the sustaining, benevolent and extraordinarily generous intelligences and life forces that we are in daily contact and communication with, and on which we rely and depend upon absolutely.

The quantum model includes the inevitable effects of our human observation, attention and intentions on any given outcome, and so is a good basis for analysing and interpreting the observations of the effects that our ability to interact that our consciousness allows us. Perhaps simple electromagnetism and wave physics, which includes the wave frequencies and waveforms of our own thoughts and feelings and their effects on other electromagnetic fields, is also richly informative.

Our honest science is tasked with the creation of evolving hypotheses to accommodate all observable phenomena. Perhaps if we can understand the core processes and translate the language of our traditional agricultural spiritual traditions as being simple and effective applications of consciousness, then we can bridge the span of time, language and belief, and bring the best of all things into our own contemporary present.

COMMUNICATION WITH THE 'SPIRIT REALMS': FROM HUMAN AND ANGELIC TO ELEMENTAL AND NATURE SPIRITS

Plato tells us that 'the Gods are Numbers'.

Number expressed in time is music, frequency, wavelength and waveform – number expressed in space is structure, architecture, physiology.

Each level of intelligence has its own frequency or band of frequencies – in traditional understanding, the deepest are the dragons – the earth meridians – pathways of energy, chi, electromagnetism – telluric currents.¹

These perhaps are the pathways of current and flow in the sustaining and surrounding planetary toroidal field² – analogous to the meridians of the human acupuncture system, and traditionally worked with on the earth using needles of stone, wood and metals alongside many other techniques and practices.

Within the stable toroidal magnetic field, elemental consciousness can establish an experiential, 3D world of elemental form – substance within the realms of earth, water, air and fire – each with their own dynamic and interactive intelligence.

Within that elemental world, a population of nature spirits fills the environment with spectacular diversity, creativity and adaptation – shared by we humans, as one of the natural spirits of the ecosystem.

In addressing landscape, it is good to consider the health and vitality, awareness and engagement of each of these levels of vibration intelligence, and of our connection and engagement with them as present members of an interactive system.

The stories and reflections that follow explore each of these vibrational realms.

UNDERSTANDING DRAGONS/EARTH MERIDIANS

My engagement with holistic environmental practices started with an awareness of geopathic stress – always perhaps recognised, but brought back to contemporary awareness by the work of Bavarian water dowser, Baron Gustav Freiherr von Pohl, who published his observations in 1928,

¹ A telluric current is an electric current which moves underground or through the sea.

² In mathematics, a toroid is a surface of revolution with a hole in the middle, like a doughnut.

which were subsequently translated into English and published as ‘Earth Currents – Causative Factor of Cancer and Other Diseases’.

Von Pohl observed and documented that all life seemed to be aware of and responsive to the electromagnetism transmitted to the surface along and through pathways of underground water. He documented that lightning strikes occurred where underground streams crossed the points of greatest electromagnetic conductivity in the local landscape and that a wide variety of plants, birds and animals were either tolerant, strongly attracted to, or assiduous avoiders of such energetic fields in their environment:

- Birds and mammals absolutely avoided them for nesting, burrowing or sleeping space or extended periods;
- Fruit trees showed poor health, blossom and fruiting when planted over them;
- Insects, including honeybees, thrived and preferred to nest over them, fungi generally, beans and lentils also seemed to prefer them.

A whole range of species preferences and tolerance windows of the baseline electromagnetism, landscape energy or chi emerges in relation to its conductive capacity. The traditional categorisation of Feng Shui practitioners refers to this as *yin chi* or *yang chi* – which alone can helpfully guide the placement of structures and planting...

When out of balance or out of phase with the use of space, geopathic stress can arise, which is classically associated with a disturbance of the pineal and adrenal glands, that can have widespread and far-reaching effects, including on sleep and fertility cycles.

THE CURIOUS CASE OF ANGORA RABBITS

Friends of ours in Fife, Scotland, engaged their teenage daughter in a project to raise Angora rabbits for cuddly fun and pocket money profit. An L-shaped shed with five identical rabbit hutches was constructed for the purpose, each identical in construction, each identical to the eye.

After a year of breeding, I was asked to see if I could identify the source of a mystery.

Every single litter bred and born in hutch #3 either miscarried or was stillborn, regardless of the doe currently resident there. Two post-mortems conducted by the local veterinarian on the stillborn babies revealed no apparent cause of death.

Once on site, dowsing for underground water revealed a substantial flow in a narrow rock fissure that ran directly, but only, below hutch #3.

Classically, for species depleted and stressed by their influence, such energies are remedially grounded and dispersed by either placing highly paramagnetic rock or inserting iron or steel on the energy pathway upstream of the area of concern.

A steel rod was inserted into a convenient area of lawn upstream of the breeding area, dowsed for length and diameter, and countersunk four inches to make it safe for bare feet.

The pregnant doe in hutch #3, that was already halfway through her term, had stillbirths at the end of that cycle, so the effect seems to have been in the first or early second trimester. Following this, no further stillbirths occurred ever again in hutch #3, which became as healthy for the rabbits as all the other hutches.

This is a very classic illustration of one of the most fundamental awarenesses in land whispering, of the direct effects of local vibration resonance through pathways of energy in the landscape. Sometimes this can be too *yin* – receptive, ultimately draining and depleting, and sometimes too *yang* – stimulating, ultimately over-stimulating and leading to exhaustion and burnout.

A dairy herd in Northern Scotland plagued with mastitis in their indoor barn were found to have seven strong underground streams running underneath the structure. Through a similar process of earth acupuncture, steel rods were inserted upstream of the barn to disperse the incompatible magnetic energies, resulting in a 60% drop of mastitis within 10 days.

FIGURE 26.1 Brussels sprouts eaten by dragon in Scotland.

Plants, animal and people in the wrong growing environment fail to thrive – von Pohl documented that every single one of 52 people dying over a 10-year period from cancer in the town of Vilsbiburg was sleeping over an underground stream – Brussels sprouts don't like them and neither do spruce trees (Figures 26.1 and 26.2).

Traditionally, we have observed and followed the plants that volunteer in an area and how wild-life prefers or avoids different places in order to site our own homes and infrastructure. In Scotland, the croft house was built where the cattle, sheep and dogs chose to lie down to sleep.

It is good to pay attention to the dragons in our landscape.

ENGAGING WITH ELEMENTAL CONSCIOUSNESS

Next up from dragons on the fretboard scale are the elementals – the vibrational intelligence of the tangible elemental states of earth, air, fire and water. Each of these tangible states of matter has a vibrational and governing intelligence within them, directing and guiding the physical, particle state.

Traditionally, in Northern Europe, the intelligence of earth is that of gnome, of water undine or sprite, of air the sylphs, and in fire the salamander.

In my experience, the elemental consciousness is entirely focused on channelling energy into the world in whatever form or vibrational tone is required or asked for, without judgement or prejudice. When lovingly and respectfully communicated with, and given clarity of our needs, either for

FIGURE 26.2 Cancerous burls on spruce trees in Vermont.

ourselves, plants or animals, they seem extraordinarily able to direct their energy to support those processes or purposes.

I can share some stories of working with the vibrational consciousness of water which is so critical and central to all life, at home as in the garden and on the farm.

During a drought year where I lived in Vermont, many shallow springs went dry, dowsers and drillers were busy finding deeper streams and aquifers for alternative supply, but it was difficult for drilling equipment to access some of the more remote rural properties.

I was asked to look at one such, where a three-foot-deep woodland spring had supplied a family home with sweet freshwater year-round for over 20 years. Accompanied by a colleague and friend, we walked up into the woods to what was now a dry hole. Tuning in to the vibrational presence however, the ‘spirit’ or guiding intelligence was still strongly present, although no water was there. Through a process of telepathic communication and dowsing, we established that the spring was able to restore itself, that it was willing to restore itself to meet the human need, and that to help and support the process it would like us to sing to it.

So we sang:

And within 48 hours and in the absence of any rain, it was brim-full with water again and remained so for seasons after.

I had an almost identical experience on another property 2 weeks later, which asked for singing and restored itself within 48 hours.

And then, a client for whom I was doing other work told me her own story of her spring going dry, being inspired to sing to it and then seeing it come back to life.

It turns out that there are many deep and old traditions everywhere of water blessings, especially directed to springs, wells and rivers and which are typically renewed on at least an annual basis.

During a farm field day in New South Wales for interested farmers in the area, we as a group blessed the farm borehole, which supplied water to troughs for sheep in approximately half of the 120 paddocks, the other paddocks having ponds for stock water instead. In tasting the water directly from the bore before and after blessing, we were amazed and delighted in the enhancement of palatability, sweetness and the sense of a refreshing, thirst-quenching drink.

I received a communication 2 weeks later from the hosting farmer letting me know that since the water blessing, the sheep, who hitherto had shown a mild but not substantial preference for the trough water over that in the ponds, now when released through rotation from a pond field to a trough field, were galloping as a flock up to 1.4 km to the trough and staying there until all had drunk their fill.

I revisited the farm 6 months later, at which point the behaviour was still continuing, and extended our work and experiment by blessing all of the ponds. The sheep immediately became equally happy with both trough and pond water and stopped galloping uphill.

I have subsequently accrued many stories of water quality improving in both palatability and even sometimes mineral and salt content with loving connection and a communicated request – boreholes restoring their standing level and volume – on one occasion a creek that had been dry for 8 years bringing its deep gravel-based water up to the surface after a blessing – but only on the property in question and not upstream or downstream on their neighbours' properties (Figures 26.3 and 26.4).

FIGURE 26.3 Dry creek before.

FIGURE 26.4 Wet creek after.

Apparently, the response received is very particular and specific to our requests.

I have a particularly treasured memory of an early morning visit to a farm in Coastal Queensland, which I had previously visited 6 months before. One of the tasks on the list of work initially had been to dowse for, and site, a new borehole, as the existing bore was excessively saline and unpalatable for humans, stock or indeed the garden.

During our work of clearing, balancing and blessing all levels of intelligence in the landscape, and clearly communicating current human needs in relation to the use of this space, the borehole miraculously became sweet and salt free – we were amazed and delighted. This lasted for about 3 months, after which the salinity gradually increased back to its previous un-useable level. So we came back to check in and chat with the spirit of the bore and the local water deva governing all such matters.

Love and appreciation and singing were asked for and inspired, and one of my colleagues and friends present on that day has a highly trained and beautiful singing voice – the rest of us were moved to tears – the singing concluded after maybe 4 minutes – we felt a sense of conclusion – took and tasted freshwater from the bore – and found its bottle quality sweet and delicious. Sustaining and maintaining the relationship seems essential and very deeply rewarding.

Beautiful pictures of the effects of our attention on water can be seen in the work of Dr Masaru Emoto – if you haven’t seen them, they truly speak the ‘thousand words’ more than I can write them.

Similarly to working with the elemental water intelligence, we can work with the gnomes of the earth – all about soil structure and everything to do with supporting the entirety of soil ecology – they seem very able to work to create the ideal conditions for specific plants or indeed for specific animals grazing or ourselves harvesting those plants – as with the water spirit, they need only be to

lovingly asked for clear and specific help and support, and an open dialogue held to hear anything needed from us to further the process – whether that might be love, song, weeding or good compost.

I find that taking time to clearly communicate to the elemental intelligence of growing spaces before, and as seed is sown or plants introduced, as well as clear communication with the nature spirits – covered next – helps set the vibrational tone of the space to the optimum for the desired harvest.

Establishing a loving rapport with the spirit of air allows us the capacity to influence our local weather to small or large degrees, depending on their ability to accommodate. Connecting our hearts and minds to our needs and requesting and having respectful and heart-felt communication can help to support favourable micro-climate conditions and also benevolent timing and intensity of weather events.

Some of my clients are skilled in intentionally establishing and holding a ‘weather bubble’ over their farm – one dairy farming couple in Vermont can keep rain storms away – splitting and passing to each side of the farm as they pass through – for the critical 2 weeks of haying, after which they take it down and let all do its own thing again – other clients seem able to keep hail from fruit trees – others to be able to take best advantage of any rain available and increase rainfall above regional average.

One of my Australian clients informed me of a whimsical and envious complaint from a friend and neighbour 30km away on the next ridge of hills, who called her on the phone one morning during a dry season to let her know that the only visible cloud in the sky was over her farm and dropping rain.

Elemental fire is also in my experience interactive and mutable by connection and communication – I have experienced fire-walking many times over 24 years and occasionally led fire-walks myself, the most extraordinary miracle is that such an intense element can, in the right state of mind and consciousness, be amenable to sustained direct contact and energise without harming.

There are many connections available to working with fire, in so many ways, in our daily homes, work and lives – it is good to remember that these should be engaged with through direct consciousness, and respectfully and lovingly asking for help to support our needs and endeavours.

ENGAGING WITH NATURE SPIRIT CONSCIOUSNESS

The world created, held and nurtured with life energy by the elementals, is populated by the rest of us – including the very many and various vibrational intelligences of the spirits of nature.

There are nature spirits associated with every natural process, fungi, bacteria, insects, plants, birds, animals – they are sometimes considered as the vibrational intelligence within or of the process, sometimes as companion helpers to the process.

Some, like wildlife, avoid human company or interaction, and choose to inhabit the wilder places, of which we should be sure that there are always plenty, otherwise trouble tends to arise.

Others are comfortable and enjoy working with humans in the landscape, and perhaps find their own fulfilment enhanced within a cooperative working environment in exactly the same way that we ourselves do.

We can consider the individual and collective intelligence of oats and potatoes, of broccoli and kale and their companion deva or fairy – the host of nature spirits is already in community, in our growing spaces, coming from native plants and previous management, and ensures that the spirit of the current crop is welcomed and hosted and supported by all already there.

I have clients in rural England who pay me in cheese. On one occasion, I was called with great urgency to look at a field of alfalfa/lucerne which the cows had just that day been moved onto, and within just a few hours, several were showing signs of life-threatening bloat. Identified early, the cows had been drenched with vegetable oil and all were well – however, this field was the last green forage for that season on the farm, and losing it for grazing would leave a large hole in the supply of dry winter feed.

On getting further details once on site, I was told that the crop had been planted on the same day with the same seed, equipment and operator, as an immediately adjacent field, separated only by a stone wall, which had been successfully grazed until just the previous day.

WHY THE DIFFERENCE? WHAT MIGHT BE DONE?

Plants have a catalogue of secondary metabolites that they can rapidly create to make themselves unpalatable, indigestible and unattractive to pests and predators, as well as for adaptation to temperature and moisture variations. Giraffes in Africa must stalk acacia trees from downwind to enable them to achieve at least a short browse before the trees mobilise tannins to render their leaves unpalatable. A ground cherry in the American West also must be stalked from downwind – if it detects the presence of the human gatherer, its delicious sweetness turns almost instantly sour.

Apparently, this field of alfalfa, unlike its neighbour over the wall, had mobilised a hostile, self-defensive response to the grazing cattle, perceiving itself to be threatened and besieged, whereas the intelligences at play in the adjacent field had apparently understood and cooperatively participated in the agricultural process and purpose, aligning themselves to providing high-quality nutrition for the cattle, after which they would be planted and grown again in the same process in the seasons to follow.

I find that engaging with vibrational intelligence telepathically is a little like a lucid dream, where one has self-awareness and volitional control, or perhaps like an interactive video game. Perceptions are visual, imaginal, sensations are felt, ideas and understandings are perceived – a complex of multi-sensory awareness, connection and communication is available if we align our hearts and minds to those wavelengths by holding in our heart-mind the image or idea of those intelligences with which we wish to be in communication.

Rather like a large family round a kitchen table. It can be chaotic and raucous – this case was.

Through quiet meditative communication in this way, I was able to create a full and clear understanding of circumstance, activity and purpose, between the spirit or intelligence of the farm, the field, the soil, the plants, the devic or fairy community, the collective intelligence of the cattle there and for good measure Bridget – Celtic Goddess and saint of domesticated animals. With clarity of understanding achieved, all went peacefully happy and harmonious in my perceptions. We waited 12 hours and then let the cattle back into the first grazing strip of the field. All was well and the whole field was subsequently fully grazed with no further problem or incident.

This experience is one that continues to both amaze and humble me – apparently, the communication between myself and the guiding and governing intelligence was real and actual – apparently, the plants had the capacity, at their discretion, to adjust their metabolic profile to the advantage of the cattle, and the human enterprise – and clearly chose to do so – and went ahead and did so.

I live in awe of the capacity and generosity of the environment around us to support us in perhaps currently unimaginable ways, with loving communication established between the vibrational community of which we are a part.

I also offer the subsequent reflection on the small extent to which our food is grown where this level of communication is established, compared to the potential consequence when, as with the alfalfa, our food is grown under circumstances where it mobilises secondary metabolites against its predator – in this case ourselves – in order to render itself indigestible and toxic in order to protect itself.

It's a sobering thought, and best to bless everything always. There are many long traditions of that.

Another story to share, that opens us to what can be possible, comes from an apple grower who attended my land whispering workshops for farmers. Already skilled with hail-related weather control, she learned to use telepathy, dowsing and muscle testing to communicate daily with her trees, to establish how best to serve their needs regarding water, compost, nutritional amendments and pruning.

After several weeks of deepening rapport, she had raised with them the issue that supermarket specifications required her to harvest the apples in a small and specific size range, for which reason the orchard historically had been harvested three times per season with associated time and labour costs.

COULD THE TREES HELP IN ANY WAY?

When she returned to the next workshop, with bags of delicious apples with Brix readings³ in mid to high teens, she informed us that the whole orchard had matured to harvest at uniform size, all the branches of all the trees together, and that only one picking had been required that year.

Again, with further amazement and ever-deepening humility, we are shown that the communication is real, that the capacity is available, and that cooperation and help can be gifted in response to loving gratitude and simple request.

What an amazing and wonderful planet to live on!

There are many more stories of nature spirit communication and cooperation, but if you simply open your heart to them, you will find them in the garden and on the farm and will soon start telling your own stories...

HEALING AND RENEWAL OF RESIDUAL HUMAN ENERGIES

Landscape holds the memories and resonance of things past as well as present, and while we all enjoy those places full of the resonance of love and laughter, sometimes those place memories, or patterns of 'predecessor *chi*', are ill at ease and disquieting, leaving a sense of restless uneasiness, emptiness, coldness and sterility.

Such causes are classically associated with battlefields, sites of massacre or murder or suicide, critical points of conflict between indigenous and colonial peoples, sites of bankruptcy, disappointment or despair – the various lists of human stress and trauma in small and large degrees and scales.

Practitioners addressing healing work of this nature consider stress patterns in the earth meridians, the elemental and nature spirit realms, and also the resonant energies of ghosts or 'earthbound souls', curses on the property, and residual human emotional and psychological stress patterns that have become embedded or ingrained in the resonant matrix of the place.

Addressing these resonances with healing intention can, with patience, bring renewal and refreshment, allowing the life forces of elemental and nature spirit to return to engaged present activity rather than being caught up in, and compromised by, residual dissonance and frozen life force. Renewed and refreshed, like the patterns in the sand washed away by the incoming and outgoing tide, leaving all clear and fresh over again.

I worked on one farm in New South Wales that had been the site of a massacre of indigenous aboriginal people during the colonial period. The farmers there described it to me as being 'Rolls Royce property with no spark plugs'. For many years, they had applied regenerative agriculture techniques of grazing and crop rotation and had set up radionics emitters through which biodynamic preparations were being broadcast – nearly always with disappointing results. I engaged in a deep, quiet meditative healing process on the landscape to bring all to peace, and when I felt it had arrived, advised the elemental and nature spirits of current agricultural practices and the human needs there.

Two weeks after my work, a crop of sorghum was planted, which yielded 2.3 tonnes per acre, which compared favourably with their long-term average of 1 tonne/acre and their previous best yield of 1.6 tonne/acre. Almost more excitingly, they reported that the crop had been so full of

³ Brix is a scale based on the amount that light bends when it passes through a liquid, and measures the percent solids in a given weight of plant juice. It is used to determine quality.

spiders and wasps – natural predators to the troublesome *Heliothis* grub – that they alone out of ten similar neighbours had not needed to treat the *Heliothis* with sprays of any kind.

The response of landscape to the healing and release of residual stresses and traumas can be dramatic, as in this case, or may be slight and subtle – not all place memory patterns are stressful, and some perhaps are only a little so; therefore, the degree of lifting is proportional to the degree of previous burden – but it would appear that up to 30% of the growing capacity or life force of landscape can be compromised through trauma and subsequently restored through loving attention.

FURTHER TUNING AND OPTIMISATIONS

Once a growing area is clear of all residual hangover, balanced and clear in its earth meridians, engaged and communed with at the elemental and nature spirit levels, there is a wide range of further enhancements that we can bring to support those natural processes, with loving respect and inviting cooperation rather than trying to drive or exploit the system through depleting over-exertion. Much like balancing soil pH, moisture and shade/sunlight conditions, we can increase and enhance the most helpful and beneficial vibrational resonances for the plants and animals under our care.

Sound can be used – recorded or live voice or instrument – vibrational technologies such as radionics – homeopathy – standing stones and stone circles – the list is as long as our imagination.

Researchers Burke and Halberg⁴ documented a 300% increase in yield of indigenous South American corn after leaving the seeds for a period in a Mayan pyramid before planting.

A small, simply constructed stone circle on a farm in Vermont achieved a 100% germination on a rice crop when four other farms in the same regional trial achieved a germination rate of only 25%.

Clearly, there is a world of exploration available to us to sing the vibrational songs to the plants and animals and landscapes in our care that they most love and enjoy to hear.

CONCLUSION

I hope that these stories and reflections are of help in guiding and inspiring us all to ask ourselves – and our landscapes – what is possible, and what is most synergistic and helpful and healthy.

The journey into this work seems to lead us through a progressive sequence of questions for the enquiring mind.

First – is this real? does this work?

After which – its real! it works! Can I do it?

And finally – I can do it! how can I do it better and more?

I hope you will choose to share that lifelong journey with the ever-widening community of like-minded friends.

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⁴ Burke, J. and Halberg, J. (2005) *Seed of Knowledge, Stone of Plenty: Understanding the Lost Technology of the Ancient Megalith-Builders*. San Francisco, CA: Council Oak Books.